



# CAR KIT CHECKLIST



## RULES OF THE ROAD

Keep your gas tank full, particularly during the winter months. After an earthquake bridges and overpasses may be down. Plan an alternate route home that does not traverse bridges or overpasses.

## STORAGE

Store Vehicle Emergency Supplies in the trunk of your car. **VEHICLE EVACUATION ITEMS (MARKED IN BOLD PRINT)** should be kept in a lightweight, easy-to-carry day pack, back pack or duffel bag. Keep items in air tight plastic bags.

- Day pack, back pack or easy-to-carry duffel bag

## WATER

Store water in your car in water packets, plastic bottles or 4 gallon containers. Water filters, purifiers or purification tablets may be necessary if you need to leave your vehicle and are unable to carry an adequate supply of potable water.

- Small containers of water
- Water filter, purifier (**SteriPen is brilliant**) and/or
- Water purification tablets (Potable Aqua, etc.)

## FOOD

Have at least a three-day supply of non-perishable food for each passenger. Select foods that are compact and lightweight. Store foods that will last in the package for a substantial amount of time. Rotate or replace food when the storage dates expire. Alpine Aire dehydrated foods have a ten year shelf life and are easily prepared -- just add water. Three Day Emergency Food Bars have a five year shelf life, require no preparation and taste like shortbread cookies.

- High energy foods (**crackers, granola bars, trail mix**)
- Dried fruit & nuts
- Energy bars
- Three Day Emergency Food Bars

## LIGHT

With a candle lantern your candles won't blow out in the wind. 12-volt lamps can run on your car battery. Store spare bulbs & batteries for all flashlights. Check battery expiration dates and rotate them. A head lamp for hands-free maneuvering in the dark is so useful you might wonder how you ever got along without one.

### ESSENTIAL

- Flashlight with batteries & bulbs and/or
- Head lamp w/ batteries, bulbs (for hands free mobility)
- 12-hour lightsticks

### HELPFUL

- Candle lantern and refills
- Super long life LED lanterns
- Safety emergency candles ("tub" candles)
- Battery operated lamps with spare bulbs & batteries (12-volt lamps can use car battery)

## SANITATION

Store an ample supply of diapers for babies and incontinent persons and personal hygiene materials for women.

### ESSENTIAL

- Toilet paper
- Pre-moistened towelettes
- Campers trowel (for burying waste)
- Diapers & personal hygiene materials

## FIRST AID

Store a first aid kit in each vehicle. Choose from an available kit or assemble your own.

### ESSENTIAL

- Medical information (list physicians' names and numbers, allergies, history and other pertinent data)
- Good first aid kit
- First Aid manual/book
- Latex gloves & face masks (several!!!)
- Personal medications or prescription drugs

### HELPFUL

- Sunscreen, Lip balm & Insect Repellant
- Spare Eyeglasses

## SUPPLIES

Know how to use a compass before you have to. Learn alternate routes through your area. Read an Emergency Information Manual -- before you need to use it.

### ESSENTIAL

- Emergency signal device (flares, battery operated flasher, reflector, etc.)
- Solar or battery operated radio with extra batteries
- Compass with instructions
- Maps of the areas you regularly travel through
- Work gloves (for clearing debris)
- Warm clothes including hat to hold in body heat
- Sturdy walking shoes and extra clothing
- Phone numbers of contacts or relatives out of the area
- Money (cash, coins for phone calls)

### HELPFUL

- Paper/pencil (to leave note if you abandon vehicle)
- Match books in zip lock bags or other waterproof containers, waterproof matches, BIC-type disposable lighter, box of Strike-Anywhere kitchen matches in zip-lock bag
- Large heavy duty garbage bags & zip lock bags
- Magnesium firestarter with instructions
- Whistle
- Signal mirror
- Pepper spray
- Emergency Tube Tent
- Lightweight emergency space blanket or bag
- Wool-blend blanket & small towel
- Rain Gear
- Hand Warmers

## TOOLS

For clearing roads, rescue, repair and setting up temporary quarters.

### HELPFUL

- Jumper Cables
- Tool for breaking out windows in a car!
- Spare tire, tire jack & lug wrench
- Screwdriver & pliers
- Small spool of wire
- Duct tape and tarp
- Wrecking bar, crow bar
- Shovel
- Saw, folding saw, wire saw or Short-Kutt saw
- Polyethylene rope (for towing, rescue, etc.)
- Collapsible bucket
- Utility cord (at least 50')
- Face masks
- Multi-Purpose Tool or Pocket Knife